

ALYSSA ROSENHECK
THE NEW SOUTHERN
STYLE

NEW YEAR NEW VALUES

It's time to clarify your motivations. One of the first steps to executing your goals is to identify and define your values. Use the below categories as a framework. Underneath each one, list out your top five priorities for the next year, month, week – whatever duration of time works for your needs and purposes.

This exercise yields clarity and a plan you'll be able to measure decisions against for the new year. When your values are in alignment with one another, you can achieve greater life fulfillment.

These Creative Clarifications are print-ready for standard 8.5"x11" printer paper.

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FAMILY VALUES

1. _____

2. _____

3. _____

4. _____

5. _____

TURNING INWARD IS THE SAME AS
COMING HOME. — ALYSSA ROSENHECK



PERSONAL VALUES

1. _____
2. _____
3. _____
4. _____
5. _____

WHEN YOU EMBRACE THE SHADOWS WITHIN YOURSELF, YOU STRENGTHEN YOUR OWN LIGHT. — ALYSSA ROSENHECK



PROFESSIONAL VALUES

1. _____
2. _____
3. _____
4. _____
5. _____

COURAGE IS ENVISIONING A FUTURE GREATER THAN OUR PRESENT SET OF CIRCUMSTANCES AND TAKING ACTION. — ALYSSA ROSENHECK



CREATIVE VALUES

1. _____
2. _____
3. _____
4. _____
5. _____

THE MORE WE ALLOW OURSELVES TO LEAN INTO OUR CREATIVITY, THE EASIER IT IS TO LEAN INTO OUR CALLING. — ALYSSA ROSENHECK



COMMUNITY VALUES

1. _____
2. _____
3. _____
4. _____
5. _____

DREAMING BIG ALSO MEANS HELPING CHANGE THE WORLD. — ALYSSA ROSENHECK

